

Chris Barnes, DC, ART, CKTP, NKT, SFMA
5533 E 41st St
Tulsa, Oklahoma 74135
(918) 280-4280

Professional Experience

Tensegrity Chiropractic – Owner / Tulsa, OK (June 1, 2011 – Present)
Recovery Room – Whole Body Cryo/ NormaTec Compression Therapy - 2014

Formal Education

Cleveland Chiropractic College - Kansas City, KS, 9/11/07 – 4/15/11
University of Tulsa – Jan 2004 – Aug 2006 (BS in Exercise & Sports Science)
NEO A&M College – Jan 2002 – Dec 2003
Union High School (Tulsa, OK) 1998-2001

Certifications / Selected Continuing Education Seminars

Active Release Techniques Certifications:

Upper Extremity – 2007 / Spine – 2008 / Lower Ext – 2009 / Nerve – 2011

Anatomy in Motion:

Level I – 2014 / Level II – 2014

Cranial Facial Release:

Module I – March 2014

DNS

Module A – Feb 2016 * Planned

FAKTR Certifications:

Full Body – 2011 / Lower Ext – 2012 / Upper Ext - 2012

Functional Movement Systems

FMS Level I – 2012 / FMS Level II – 2013 / SFMA Level I- 2013

Gary Gray Live Function:

System Introduction / The Hip

Gonstead Chiropractic Seminar:

General Techniques - 2008

Graston Technique Certifications:

Module 1 - 2010

Integrative Dry Needling:

Module 1 - 2012 / Module 2 - 2012

Janda Approach Seminar:

Treatment of Muscle Imbalances - 2012

Kennedy Decompression Therapy:

Neural Flex Table and Certification - 2014

Kinesio Tape Certification:

CKTP Certification – 2011

Spidertech Online training - 2011

Functional Taping for Musculoskeletal injuries 2012

Rocktape FMT – 2013

LiteCure “LightForce” Class IV Laser Therapy

Owner of (2) LCT 1000’s – Certified operator

MicroVas II

Owner / Certified Operator - 2014

Motion Palpation Institute Seminars: 2008-2011

Full Spine (2x) / Up Quarter (2x) / Low Quarter (2x) / Gait (2x)
Extremities (2x) / Disc Injury Course / C-T Spine / Shoulder

Neurokinetic Therapy Seminars:

Level I - 2013 / Level II – 2013 / Level III – 2014

P-DTR

Basic (Modules 1-5) Spring/Summer 2015

Reflex Locomotion (Cohen)

Basic Course - 2010

Restorative Breathing Seminars:

Level 1 – 2013

Viola’ (Structural Joint Balancing)

Level 1.0 - 2015

Level 1.5 - 2016

Level 2.0 - 2016

Xtreme Footwerks:

100+ pair of orthotics since 2011

Teaching Assistant

FAKTR: 2012 - 2015

Functional Taping for Musculoskeletal Injuries: 2012 - 2015

Neurokinetic Therapy: 2013

Restorative Breathing: 2014

MPI Sports Symposium: 2015,2016

Professional Honors

Cleveland Chiropractic College “Clinical Service Award”

Cleveland Chiropractic College “Intern of the Year 2010”

Oklahoma Magazine “Best of the Best” 2013

Oklahoma Magazine “Best of the Best” 2014

Oklahoma Magazine “Best of the Best” 2015

Published Articles

“Plantar Fasciitis – The Runner’s Arch Nemesis” (OK Sports & Fitness 2012)

“Shin Foes – Other than kicks, trips, and things that go “bump” in the night”
(OK Sports & Fitness 2013)

“Iliotibial Band Friction Syndrome – What to do about IT” (OK S & F 2013)

“The Pain that Keeps Coming Back” (Oklahoma Sports & Fitness 2013)

“Breathe to Win” (Oklahoma Sports & Fitness 2014)

“Chicks May Dig Scars, But Your Body May Not” (OK Sports & Fitness 2014)

“The End of Fitness Leaks” (OK Sports & Fitness 2016)

Revised Jan 1, 2016